



WIN: 37 amazing competitions you should enter right now



By What's On

Published on 2nd June 2016

This month, we turn 37 (we know, we don't look a day over 20). That's a whopping **458 issues** of the latest news, hottest restaurants and coolest things to do in Dubai all packaged and delivered to you every month. To celebrate, we are giving away **37 incredible prizes**. Read on, see what takes your fancy, and click on the link to enter:



WIN! A month of unlimited classes at Physique 57

Touted as one of the most fashionable workouts to ever hit Dubai, the intense Physique 57 is a ballet-inspired workout guaranteed to get results. A mix of dance, yoga and Pilates moves that incorporate the ballet barre into your workout, each 57-minute class is guaranteed to hit every single muscle in your body, all to the tune of a pumping soundtrack while the always-enthusiastic instructors cheer you on. Word has it that you can see results after just eight workouts.

We're giving away a one-month unlimited class package worth Dhs1,700, which is all the inspiration you need to get that beach body you've been craving.

For a chance of winning this prize fill in the form below before June 30.